

International Journal of Yoga Therapy Call for Articles

Content

The *International Journal of Yoga Therapy* publishes articles about yoga therapy, yoga practice, and yoga philosophy. We encourage submissions from yoga therapists, yoga teachers, researchers, and healthcare professionals. The journal aims to represent views, practices, and research from all major traditions in yoga, as well as integrative medicine and psychology.

Perspectives

The journal invites submissions of letters and opinions. Perspectives are not peer-reviewed and may be in response to specific articles or on any topic relevant to the research and practice of yoga therapy. Perspectives should be 500–2000 words.

Issues in yoga Therapy

The journal welcomes scholarly articles that address issues, challenges, and controversies in the research and practice of yoga therapy. Articles in this category include, but are not limited to: considerations of policy issues related to the integration of yoga and healthcare, general practice recommendations based on clinical experience and a review of the relevant literature, and discussions of yoga philosophy as it relates to contemporary yoga therapy practice.

Research

The journal publishes reports of original research. We welcome pilot studies and preliminary reports on research in progress, when these reports examine challenges and early findings that may benefit other researchers and practitioners. Case studies should be reported in the context of a thorough review of the relevant literature and a broader discussion of the case's implications for future research or practice.

Continuing Education

Continuing Education articles should review a topic of importance and relevance to practicing yoga teachers, yoga therapists, and healthcare providers. Articles in this category include, but are not limited to: discussions of specific medical conditions and recommended yoga practices, reviews of the history of some aspect of yoga therapy or yoga philosophy, and reviews of research on a topic of relevance to yoga therapy. Continuing Education articles may refer to

published research, research in progress, established interventions at yoga therapy clinics, classical yoga texts, and original interviews, but should not be based on information presented in the non-academic/popular press, and should not be based solely on the experience of the author(s).

Review and Selection of Manuscripts

All articles are initially evaluated by the editor for suitability of topic and format. Articles that meet the basic requirements are assigned to a minimum of two peer reviewers, chosen on the basis of their expertise and experience. We invite (but do not require) authors to nominate potential reviewers at the time of article submission, particularly when knowledge of a yoga lineage or other specialty is required. Peer review is blind, meaning that the author's identity is not revealed to reviewers. Reviewers evaluate the article's contribution to the field of yoga therapy, and make specific suggestions for revisions. When making a recommendation to publish or reject an article, reviewers take into account the importance of the topic, the quality of scholarship, and the clarity of writing. Authors may view a copy of the specific guidelines used for review at www.iayt.org. The editor makes the final decision whether to accept or reject a manuscript. Most manuscripts go through at least one round of revision before they are accepted. Following acceptance, articles are edited for clarity and adherence to journal style guidelines.

Preparation and Submission of Manuscripts

All articles should be submitted via email to editor@iayt.org. Include a brief cover letter in the body of the email and attach the manuscript as a word document. All manuscripts should use AMA style formatting for citations/references. Original research articles may follow either AMA or APA style. All articles should include a note acknowledging any funding sources, as well as a statement of adherence to ethical guidelines for the use of human participants (when applicable). We encourage authors to provide photos and figures, particularly for descriptions of yoga practices or discussions of anatomy. However, please do not email photos or figures as separate files until requested from the editor. Articles should be 4000–6000 words. Although articles may be submitted at any time in the calendar year, articles should be submitted by February 15, 2012, to guarantee full consideration for the 2012 issue.